

**A Prayer for the Ephesians—Ephesians 3:14–21**

**Open It**

1. How often do you pray for those you love?

Ephesians 3:14–21 (ESV)

<sup>14</sup>**For this reason I bow my knees before the Father,**

<sup>15</sup>**from whom every family in heaven and on earth is named,**

<sup>16</sup>**that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being,**

<sup>17</sup>**so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love,**

<sup>18</sup>**may have strength to comprehend with all the saints what is the breadth and length and height and depth,**

<sup>19</sup>**and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.**

<sup>20</sup>**Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us,**

<sup>21</sup>**to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.**

**Explore It**

2. When Paul prayed, why did he bow to his knees? (3:14)
3. To whom is God the Father? (3:14–15)
4. What did Paul request of God? (3:16)
5. Through whom would the Ephesians be empowered? (3:16)
6. How would Christ dwell in the believers' hearts? (3:17)
7. Why did Paul want the Ephesians to be rooted and established in love? (3:17–19)
8. What does the love of Christ surpass? (3:19)
9. How did Paul close his prayer? (3:20–21)

**Get It**

10. How would you pray Paul's prayer in your own words?
11. What is your understanding of Christ's love for you?
12. How have you allowed God to become too small in your life?
13. How does Paul's doxology encourage you?

**Apply It**

14. How can you take a new and creative approach to your prayer life?
15. What do you need to do to spread Christ's love to others this week?