

The Armor of God—Ephesians 6:10–24

Open It

1. If you were a police officer, what extra precautions would you take to guard against danger?

Ephesians 6:10–24 (ESV)

¹⁰Finally, be strong in the Lord and in the strength of his might.

¹¹Put on the whole armor of God, that you may be able to stand against the schemes of the devil.

¹²For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.

¹³Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

¹⁴Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness,

¹⁵and, as shoes for your feet, having put on the readiness given by the gospel of peace.

¹⁶In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one;

¹⁷and take the helmet of salvation, and the sword of the Spirit, which is the word of God,

¹⁸praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints,

¹⁹and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel,

²⁰for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

²¹So that you also may know how I am and what I am doing, Tychicus the beloved brother and faithful minister in the Lord will tell you everything.

²²I have sent him to you for this very purpose, that you may know how we are, and that he may encourage your hearts.

²³Peace be to the brothers, and love with faith, from God the Father and the Lord Jesus Christ.

²⁴Grace be with all who love our Lord Jesus Christ with love incorruptible.

Explore It

2. What did Paul say to exhort his audience? (6:10)
3. Why do Christians need to put on God's armor? (6:11–12)
4. What can Christians dressed in the full armor of God expect? (6:13)
5. What mandate does God give all Christians? (6:14)
6. How should Christians be armed for battle? (6:14–17)
7. What last two pieces of armor did Paul tell all Christians to take up? (6:18)
8. Why did Paul ask the Ephesians to pray for him? (6:19–20)
9. Who took Paul's letter to the Christians at Ephesus? (6:21)
10. How would Tychicus help the Ephesians? (6:21–22)
11. With what kind of words did Paul bless his audience? (6:23)
12. What did Paul say in benediction? (6:24)

Get It

13. Why do you think Paul used the detailed description of a Roman soldier's armor to explain spiritual warfare?
14. What is spiritual warfare?
15. What pieces of armor are you missing?

Apply It

16. How can you lean on the Holy Spirit's help in doing battle for the kingdom of God each day?
17. How can you encourage another Christian in his or her spiritual battles?